

Jade Goulet '20

The Meditative Quality, 2019

Ceramics

Art 500



Coffee Mug with Pulled Handle, 2019, Ceramic, black slip with wax resist and lavender filigree

“Mindfulness is often lacking at Exeter. In our hectic every day, we lose sight of the importance of stepping back, reflecting, and concentrating on our inner selves. Meditation is something I believe each and every Exonian could benefit from. My collection of meditative pieces, centered around mandala patterns was an experiment for myself. The designing, throwing, and carving provided a way for me to remove my mind from the rest of life, and focus solely on the minute details of the patterns and shapes. By using a simple color scheme, I highlighted my mandala designs, and the lines of my pots. In building these candle holders, incense holders, planters, and oil diffuser, I was able to create my own meditative routine.”

Instagram: @slinging_muds



Thrown & Carved Candle Holders, 2019, Ceramic, gloss black glaze and lavender filigree



Thrown Planter With Etched Mandalas, 2019, Ceramic, black gloss glaze in etchings and lavender filigree



Thrown Planter, 2019, Ceramic, gray slip with wax resist and gloss black glaze



Two Piece, Thrown & Carved Oil Diffuser, 2019, Ceramic with lavender filigree and gloss black glaze



Thrown Planter with Texture, 2019, Ceramic and lavender filigree



Thrown & Carved Candle Holders, 2019, Ceramic, gloss black glaze and lavender filigree

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Regression in Motion:

A Wave, 2020

Mixed media

ART 999



Photograph of piece in process

“This project is a focused look into the destruction of process in our environment, through movement captured in artistic medium. Waves are the perfect example of this. They may rise, and the tide comes forward, but eventually they go back out, taking with them whatever we’ve left to taint the oceans. My pieces experiment with line, shaped, and depth, in mediums that are new to me. I’ve used this term as a time of exploration – what aspects of art have I yet to learn, what aspects of art do I struggle with? This combined with my themes of movement and water have culminated into what could be both a meditative and frustrating, yet ultimately productive process.”

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